How to Develop a Cybersecurity Clinic

The Consortium of Cybersecurity Clinics
UT Austin Applied Cybersecurity Community Clinic

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Agenda

- Intro to Clinics
- Clinic Foundation
- Clinic Curriculum
- Clinic Funding and Kickoff
- Student & Client Recruitment
- Clinic Metrics: Learning & Impact
- Summary and Q&A



Cyber Clinics: Why Build One?

1

Provide **free services** to lowresource
community
organizations

2

Train a
multidisciplinary
group of
students for the
cybersecurity
workforce

3

Promote
volunteerism
and provide
community
service to
locality

Meet the UT Austin Cyber Clinic @





Founded in 2023

Fall 2023: 19 students

- Cybersecurity Foundations
- Journey through the NIST CSF Core Functions

Spring 2024: 5 clients

- Cybersecurity Practicum
- o 2 Small Businesses
- o 1 Faith-based Nonprofit
- o 2 City Governments
- o 18 New Students

Fall 2024: 6 clients

32 New Students



Meet the Consortium of Cybersecurity Clinics



- Founded in 2021
- 25+ active clinics and allies
- Join us!
 cybersecurityclinics.org

Consortium Overview



Sharing and standardizing teaching materials among members



Supporting funding for the creation of new clinics



Advocating for the clinic model

- International educators **meet monthly** to share ideas, challenges, resources
- Fundraising and Learning & Impact Subcommittees
- "Clinic of Clinics" student networking and tabletop exercise each semester
- Active cybersecurity clinics education and resource hub
 - Syllabi, legal policies, client questionnaires



Clinic Foundation

4 Key Ingredients



A Good Foundation: 4 Things You Need

1

Committed Leader(s) or Champion(s) 2

Interdisciplinary Institutional Support 3

Strong, Supported Clinic Vision 4

Local Partners

Clinic Vision: Instruction and Delivery

Program instruction		Faculty-taught
		Faculty-advised, instructor-taught
		Mentor-supported
Clinic model		Class: clinics are taught as standalone classes, typically over a semester
	J	Capstone: a client consulting project is introduced in an existing class, with shorter engagements
		Club or Internship: clinics operate year-round and conduct long-term engagements and follow-ups

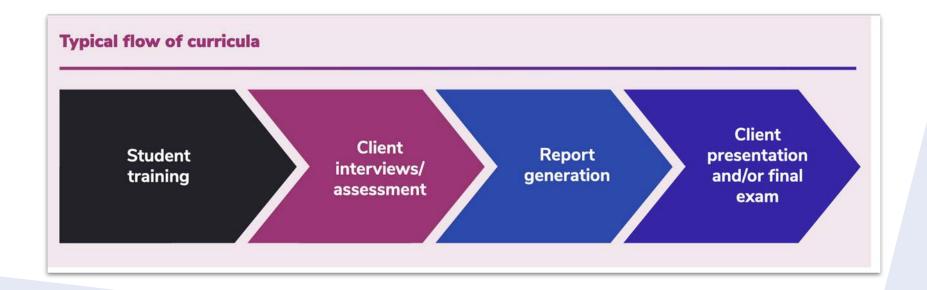


Clinic Curriculum

Vendor-Neutral, Competitive, Dynamic

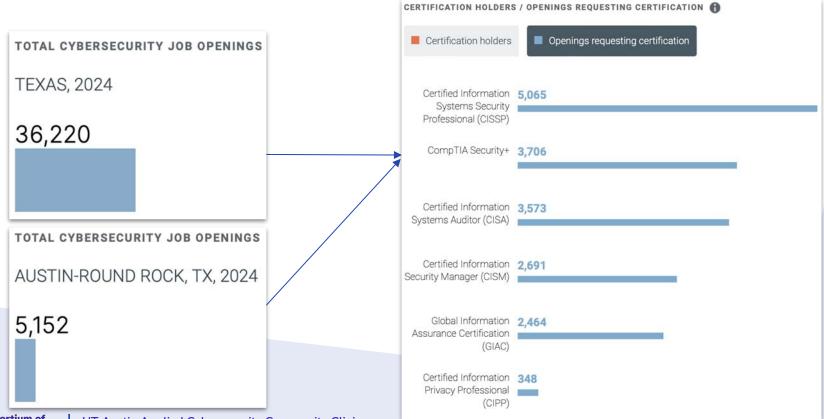


What to Teach: Menu of Curricula and Services





What to Teach: Align With Industry Standards



Grow with Google

Prepare for the CompTIA Security+ exam

The Google Cybersecurity Certificate helps prepare you for the CompTIA Security+ exam, the industry leading certification for cybersecurity roles. You'll earn a dual credential when you complete both.



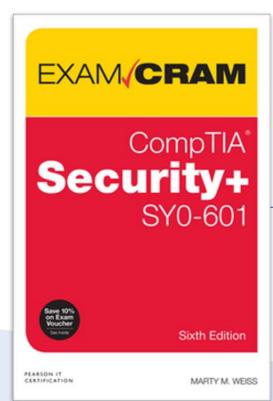
hands-on experience with Python, Linux, SQL, and more.

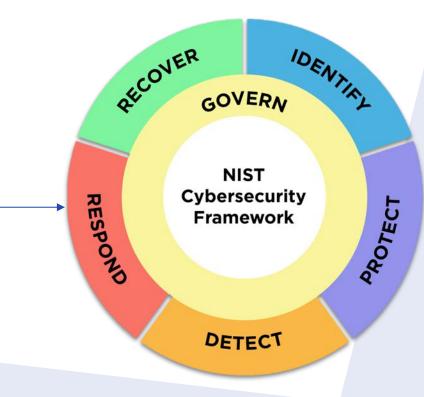
Get started at grow.google/cybersecurity



Google Cybersecurity Certificate

to supplement student learning with a hands-on, professional development credential.







(1) CIS Controls

* The numbering system corresponds to specific Safeguards from the CIS Controls v8.0.

- 2.3 Address Unauthorized Software
- 3.3 Configure Data Access Control Lists
- **Enforce Data Retention** 3.4
- 4.1 Establish and Maintain a Secure Configuration Process
- 4.7 Manage Default Accounts on Enterprise Assets and Software
- Restrict Administrator Privileges to Dedicated Administrator Accounts 5.4
- 6.3 Require MFA for Externally-Exposed Applications
- Require MFA for Remote Network Access 6.4
- 6.5 Require MFA for Administrative Access
- 10.1 Deploy and Maintain Anti-Malware Software
- Configure Automatic Anti-Malware Signature Updates 10.2
- Establish and Maintain an Isolated Instance of Recovery Data 11.4

- Identify
 - Asset Inventory
 - Risk Assessment*
- Protect
 - Encryption Schema
 - Password Management
 - Privacy Policies*
 - Authorization Management (Onboarding and Offboarding)
 - Vulnerability Scanning and Patching
 - Network, Wireless, Email, Mobile, and Cloud Security
 - Penetration Testing



- Detect
 - AV and EDR Tools
 - IDSs, IPSs
 - SIEMs and SOAR
 - UTM Tools
- Respond
 - Incident Response Teams, Plans, and Tools*
 - Digital Forensics Basics
 - Compliance and Reporting Requirements*
- Recover
 - Business Continuity Planning*
 - Controls Modifications*



What to Teach: Power Skills

- Organization
 - Project planning
 - Report writing
- Communication
 - Simplify technical jargon
 - Treat clients as partners; focus on awareness and education
- Briefing
 - BLUF
 - "So what?"
- Teamwork
 - Paired according to discipline
 - Graded based on equal, regular contribution to project plan and tasks



Sample "Choose Your Own Adventure" Assignments

- Communication Skill Building
 - Pick a cybersecurity attack case study and, based on your group number, prepare to either 1) submit a written summary or
 2) brief the class on the attack type, attack vector, and recommended mitigation to prevent the attack in the future.
- Technical Skill Building
 - Foundational: Complete the "Automate Cybersecurity Tasks with Python" course from the Google Cybersecurity Professional Certificate
 - Intermediate: Complete "Pentesting Fundamentals" and "Metasploit: Introduction" modules on TryHackMe



Clinic Funding and Kickoff



Identifying, Creating, and Sustaining Clinic Funding

- The cost of clinic startup and operations depends on your choice of instruction and delivery model, faculty/teachers, materials, enrollment, and support staff
 - Consortium clinics have found that \$300k is a good funding target for the first year, and \$100k each year thereafter
- After the first four to five years, clinics can blend their budgets with the host institution budget



Typical Clinic Budget Line-Items

Here are some typical line items for a clinic budget:

- Faculty and instructor paid time for the clinic, can include summer salary
- Graduate researcher / TA / Post-doc for clinic teaching assistance (often 1 TA per semester)
- Equipment: Laptops and security keys, software for analysis, secure storage and collaboration
- Curriculum development expenses
- (Optional) Student travel to meet with clinic clients in person
- (Optional) Budget for student travel to conferences
- (Optional) Time with institution's communications staff to raise awareness, recruit students, celebrate clinic successes
- (Optional) Paying students as interns



Clinic Kickoff

 It can take around 9 months to plan for a clinic launch, including developing internal training, policies, and curricula

Many clinics choose to run a pilot program with a small cohort of students to test and improve the clinic operations and curriculum



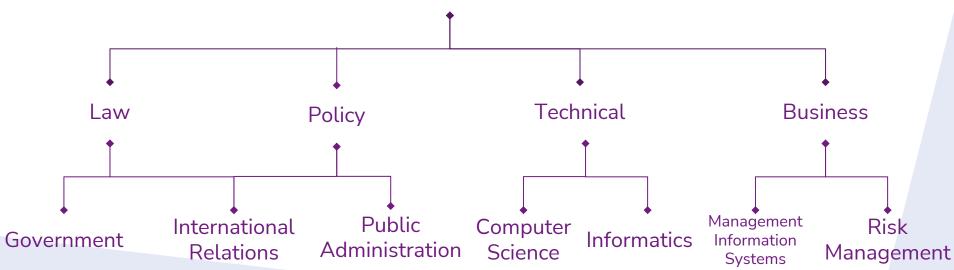
Student & Client Recruitment

Interdisciplinary, Diverse, Targeted, High-Impact Industries



Clinic Students: Interdisciplinary Recruitment

Cybersecurity: A Team Sport!





Clinic Students: Application and Vetting

Qualifications: Application

Résumé

Cover Letter

GPA Minimum

Degree Progress

Aptitude: Interview

Prior Cybersecurity Experience

Public Speaking & Briefing

Writing & Research

Organization & Leadership

Graphic Design

Vetting: Post-Interview

References

Letter(s) of Recommendation

Background Check

Signed Code of Conduct

Signed NDA



Clinic Governance: Policies, Indemnification, and Student Code of Conduct





CLINIC INTERNAL DATA GUIDANCE



Acceptable Use Policy

As a member of the MIT Cybersecurity Clinic, I will abide by the following policies and standard practices at all times during participating in the Clinic and having any access to clinic materials or environments.

Citizen Clinic Student Code of Conduct

The Citizen Clinic is an inclusive course where students, mentors, and staff should feel comfortable sharing their work, opinions, and perspectives. All of us commit to engaging with each other mindfully to ensure an environment that promotes shared learning and collaboration.



ROCHESTER INSTITUTE OF TECHNOLOGY AGREEMENT WITH COMPANY CORPORATION FOR THE STUDENT COURSE PROJECT



Clinic Clients: One or More Types

Public entities: municipalities, hospitals, schools, libraries

Nonprofits: food banks, refugee organizations, health clinics

Small businesses: dentists, mom 'n pop shops

Blend: two or more types of clients



Connecting with Clinic Clients

Leverage Local Industry Organizations

- Chambers of Commerce
- Small Business Development Councils
- Councils of Government
- Association of Counties
- Nonprofit Professionals
 Network
- Local IT Professionals Network

Leverage College/University Connections

- Alumni Business Network
- Local Partnerships and City Offices
- Student Volunteer Groups and Partner Organizations
- Student Consulting Organizations



Clinic Learning & Impact

Client and Student Questionnaires



Clinic Learning and Impact

Questionnaire for Students

- Reasons for participation
- Confidence and interest level regarding job prospects in cybersecurity
- Confidence in handling cybersecurity scenarios and communication

Questionnaire for Clients

- Reasons for seeking assistance
- Goal achievement evaluation
- Implementation of controls within their organization

Summary



Takeaways

Clinic Foundation

- Committed, well-positioned champion
- (Interdisciplinary) institutional support
- Strong, articulate, well-supported clinic vision
- Local partners to identify clients

Clinic Instruction

- Map onto existing, well-known frameworks
- Align with vendor-neutral and highly sought industry certifications
- Incorporate group work, requiring "soft" skills to simulate real environment
- Collaborate with Consortium of Cybersecurity Clinics for templates

Clinic Funding

- Corporate sponsors, donors, and philanthropies
- University Departments or Centers
- Local sponsors and fundraisers



Takeaways

Clinic Students

- Target interdisciplinary mix of degree programs and interests
- Maintain ratio between undergraduate and graduate, technical vs. non-technical
- Vet and assess capabilities and commitment to "real-world" clinic work

Clinic Clients

- Target industry appropriate to your institutional placement
- Rely on local aggregate organizations, networks
- Leverage existing local and college/school/university connections

Clinic Learning, Impact, and Growth

- Measure client maturity and confidence pre- and post-engagement
- Measure student learning and workforce development pre- and postservices
- Extrapolate and refine for long-term success and sustainment



Cyber Clinic Long-Term Outcomes

1

Provide
experiential
education and skillbuilding improving
critical public
infrastructure
cybersecurity

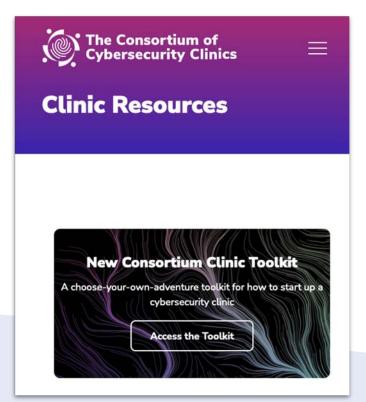
2

Improve regional
cyber defensive
posture, local cyber
education, and
community
resilience to cyber
attacks



Encourage
workforce
development and
networking via
mentors, experts,
and sponsors

Cyber Clinic Development Resources



Read the full version of our Clinic

Development Toolkit:

cybersecurityclinics.org



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